

Khaing Zar Lwin: Study Report and Future Plan

Scholarship 2017/18

About me

My name is Khaing Zar Lwin. I come from Shan State, Northern Part of Myanmar. My parents are U Htay Aung and Daw Myint Myint Kyi. I passed the matriculation examination with three distinctions from Basic Education High School, Wat Won, Pyin Oo Lwin in 2004. I studied at the University of Nursing (Mandalay) and I graduated in 2008 and received the Bachelor of Nursing Sciences (B.N.Sc). Also, I studied the “Development Studies” and “Research Studies” at Yangon University of Economics and I received post graduate diplomas. Moreover, I was awarded the fellowship from “Australia Awards Fellowship Programme” and received the honored Certificate of Recognition on “Strengthening Civil Society in Myanmar” in order to improve the goals and outcomes of the Public Sector in 2015.



Study Life in Bangkok

I started the study life at Institute for Population and Social Research (IPSR), Mahidol University on October, 2017. I attended International M.A. Program in Population and Sexual and Reproductive Health at IPSR. This is combined with coursework and thesis and the program is one year. There are five module during one year period. I started Module 2 in October, 2017. Module 1 to 3 are required courses and all student must take 6 subjects in these modules. In module 4 and 5, student can select two subjects from electric courses and developing thesis. The following table presents the subjects that I chose and the grade of these subjects. I attached the certificate of completion course work.

Table 1 Subjects and Grade

Module	Subject	Credit	Grade
Module - 1	Substantive Demography	3 credit	A
	Analytical Techniques in Demography	3 credit	A
Module - 2	Perspectives and Key Issues in Sexual and Reproductive Health	3 credit	B+
	Behavioral and Social Dimensions of AIDS	3 credit	B+
Module - 3	Social Research Methodology	3 credit	A
	Seminar on Population and Sexual and Reproductive Health	3 credit	A
	Data Management for Quantitative Research	1 credit	A
Module - 4 and Module - 5	Statistical Techniques for Multivariate Analysis	3 credit	A
	Migration and Health	3 credit	A
	Communication Bridging: Population and Health Research to Policymakers	3 credit	A
	Research Proposal and Thesis	12 credit	

Moreover, I attended soft skill training in Mahidol University. According to the requirement of graduation, all student must attend at least four soft skill training at Mahidol University. The following are the topic of soft skill training I attended.

- 1) Effective Presentation Technique
- 2) Operation for International Student, Academic year 2018
- 3) MU Grad Environmental conservation
- 4) Grad Sport Day
- 5) Using the basic SPSS for window program
- 6) Digital Literacy Training

According to the requirement of graduation, all students from Mahidol University must attend international conference and present one article that come from thesis in this conferences. I attended “the 9th International Graduate Students Conference on Population and Public Health Sciences” held at Chulalongkorn University. I attached the certificate of attending Conference and conference proceeding paper.

Furthermore, I could publish one article “Mothers' knowledge of the causes and prevention associated with diarrhea among under-five children in Hlaing Thar Yar Township, Yangon, Myanmar” in Global Health Management Journal during this study period. I also attached this article with file. Now I am writing one article related with my thesis in order to publish in Journal.

I already finished revising my thesis and submitted to editor for proofreading. I hope I will go back to Myanmar in second week of December, 2018.

Future Plan

After my graduation, I will go back to Myanmar and involve in social work. I planned to support civil society organizations (CSO) regarding with research skill. CSOs participate in very important role in country development. In Myanmar, the development of research sector is very slow. I would like to fulfill this gap. Moreover, I will contact to KMSS (Karuna Mission Social Solidarity – Caritas Myanmar) and serve based on the necessity of KMSS.

After serving at least 2 year in Myanmar, I have planned to apply PhD scholarship.

I would like to express my deepest gratitude to every person from “Bettina-Katterman-Foundation” and KAAD Scholarship Program, Germany who provided me the great opportunity for pursuing Master Degree Program in Thailand.

With warm regards;

Ms. Khaing Zar Lwin

Email: lwin.khinezar11@gmail.com